

# UNIT 1 LANGUAGE SUMMARY

## Adjectives

### Describing annoying things

awkward  
clumsy  
complex  
frustrating  
infuriating  
time-consuming  
tricky

## Verbs

### Facing challenges

accept  
adapt  
be a step forward  
be capable of  
be frightened of  
can't take  
cope with  
get a grip  
get through  
resist  
survive  
tackle  
underestimate  
welcome

## Describing annoying things

be a waste of time  
be hard to operate  
drive crazy  
lose patience  
get on nerves

## Insider English

It looks like the server is down.  
My Wi-Fi is down again!

## Glossary

amateur  
binge-watch  
craft  
DIY (do-it-yourself)  
preserve  
revive

## Talking about how we deal with change

I'm always looking for an excuse to avoid change, and I'll do anything to keep my life simple.

We often talk negatively about the future, don't we?

We tend to fear change.

When we're feeling scared, we underestimate our ability to cope with things.

## Talking about past difficulties

We didn't use to have any privacy.

I never used to have enough coins.

I'd drive my brother crazy.

It got on my nerves to have to get up and change the channel all the time.

## Discussing issues and agreeing strongly

When it comes to technology, you can rely on the server to be unreliable.

That's so true!

You can say that again.

I couldn't agree more.

Looking at the big picture, I think email isn't that bad.

Generally speaking, you could be right ..., but

Overall, if I had to choose ...

Have it your way!

## Writing an opinion essay

### Organizing information with paragraphs

1st paragraph: Introduce the topic and state your opinion.

2nd paragraph: Use a topic sentence to introduce your example and give the main idea of the paragraph; describe the example.

3rd paragraph: (same as second paragraph)

4th paragraph: Restate your opinion but with different words than before.

## Useful phrases

It was very awkward.

It was hard to operate.

It used to drive ... crazy.

It was really tricky.

It was a step forward from ...

We shouldn't underestimate ...

It helped to cope with ...

It was a waste of time.

It used to be so time-consuming.

Generally speaking ...

Looking at the big picture ...

Overall ...

When it came to ...

# UNIT 2 LANGUAGE SUMMARY

## Adjectives

### The natural world

adaptable  
endangered  
poisonous

## Nouns

### Space and ocean exploration

atmosphere  
exploration  
investigation  
resources  
satellite  
species  
surface

### The natural world

animal life  
creature  
environment  
form of life  
habitat  
origin  
plant life  
pond  
sea life  
survivor  
territory  
volcano

## Verbs

### Space and ocean exploration

come across  
launch  
monitor  
observe  
preserve  
use up

## Insider English

You don't need to worry about Rachel.  
She is a really tough cookie!

## Glossary

fossil  
head straight for  
microbe  
mammal

## Talking about exploration and research

I would definitely prefer to explore space rather than study the ocean.

We can learn more from research into space exploration than most people realize.

Space exploration just isn't useful enough to justify the cost.  
It's less important to fix future problems than (it is) to fix current ones.

There are fewer benefits to space exploration.

## Talking about life forms in different environments

Nicaragua's Masaya Volcano is one of the most active volcanoes in Central America.

Yet in and around these holes, various forms of sea life exist.  
The tiniest and most common are microbes.

Rats are the most adaptable mammal (that) we know of.

It's an absolutely awful place to live.

They become very hard and appear to be dead.

The final "tough cookie" has few limits to its territory.

## Exchanging important information

### Asking for information

Is there any danger of really bad weather?

What exactly do you mean by "the worst"?

Is there a risk of snow?

What sort of coat would you recommend taking?

### Providing information

The most important thing to consider is that mountain weather is unpredictable.

First and foremost, you need a good waterproof coat.

One thing to keep in mind is that you don't want a thick coat.

Another thing to consider is the kind of T-shirt you wear.

## Writing a description of an area

### Using numerical words and phrases

Drumheller is a town of about 8,000 people in southern Alberta.

It's 138 kilometers northeast of Calgary.

The record highest (temperature) was 40.6°C, but the normal temperature range is -18° to 26°C.

Almost 500,000 tourists arrive every year.

The museum has one of the world's largest collections of dinosaur fossils, including more than 200 complete skeletons.

The hoodoos are natural towers of rock, up to 6 meters high.

## Useful phrases

I've been to ...

I've been ... before.

I've gone ... in the past.

I went ... once.

It felt absolutely ...

It made me feel extremely ...

It was the ... of my life.

The environment was ...